

**To take part in the St Richard's Malvern Hills Walk, please read, sign and return to St Richard's Hospice or tick the box online to confirm you have read and understood the details in this document, prior to registering and taking part in the Malvern Hills Walk.**

Event rules:

- If there is a marshal giving instruction, pay close attention and obey the instruction for your safety and that of others.
- No stunts or hazardous actions should be attempted.
- Follow the marked route on the course or the walking notes issued.
- If another participant is in need of medical attention alert a marshal or nearest race official. Pay attention to the surroundings and terrain at all times.
- Alcohol and drugs or taking part under the influence of alcohol or drugs is strictly prohibited.
- No minor 16 years old and below to be left unaccompanied on the course or on the event site.

I/We understand that:

- The activities undertaken at the Malvern Hills Walk can be physically and mentally challenging.
- Myself and all participants under my guardianship must be physically and mentally prepared to undertake the event and consult a doctor prior to taking part if pregnant, or have any injury, medical condition or disability.
- There is a risk of serious injury with my participation in the Malvern Hills Walk. Although, following the strict safety standards minimises these risks, they cannot be completely eliminated.
- Participation in all activities and use of the facilities at the Malvern Hills Walk is entirely at my own risk. I am fully responsible for any minors 16 years old or under registered by me and will accompany them at all times on the site and during the walk.
- The walk or course may change due to weather conditions or be cancelled or postponed in extreme weather conditions.
- This event takes part in a natural environment, as such in some areas the ground can be uneven or slippery and insects may be present.
- The organisers or marshals have the right to ask any participant to withdraw from the event if they are deemed unfit to continue, injured or not following the event rules.
- The event organisers are not responsible for any personal possessions I bring or use at the event.

I/We confirm that:

- I am 17 years of age or above
- I am fully aware of the risks to myself and others associated with participation in Malvern Hills Walk. These risks include damage to or loss of property, personal injury and extreme cases, death.
- I, and any minors under my supervision, will comply with all instructions given by the event organisers, employees and volunteers.
- I, and all members in my party, are fit and healthy and do not suffer from any medical condition which would adversely affect my/our ability to safely participate in the Malvern Hills Walk.

Release:

- I hereby acknowledge and accept that the organiser and its staff shall not be liable to me for any unforeseeable loss or damage arising from my participation in the Malvern Hills Walk, including indirect or consequential loss or damage.
- This disclaimer does not exclude the event organiser's liability where an injury or death arises as a consequence of the organisers negligence or that of its staff or fraudulent misrepresentation or any other matter for which it would be illegal or unlawful for the organiser to exclude attempt to exclude its liability.

Agreement

- I/We have read and fully understand the terms of this disclaimer. By participating in this event I/we agree to being photographed or videoed and that any images captured will be the property of St Richard's Hospice and be used in press releases, promotional materials or in all manners of media including social media.
- If any court or competent authority finds that any provision of this document (or part of any provision) is invalid, illegal or unenforceable, that provision or part provision shall, to the extent required, be deemed to be deleted, and the validity and enforceability of the other provisions of this agreement shall not be affected.